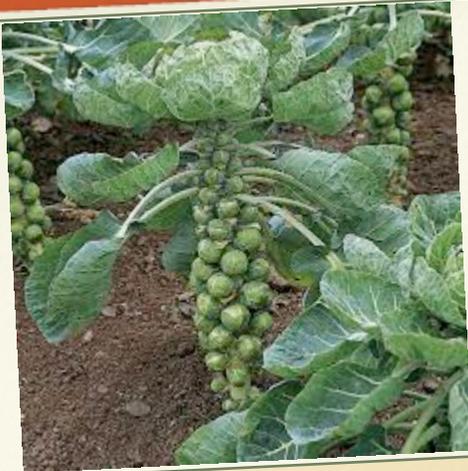




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HAPPY HOLLOW FARM

Week 4 of 6 WINTER SEASON Nov. 24th



LEEKS SWISS CHARD

BRUSSELS SPROUTS



HIGHLIGHTED
VEGETABLE
OF THE WEEK



What's In Your Share?

Full, Partial & Single Shares

Apples
Brussel sprouts
Escarole
Celeriac
Garlic
Peppers (sweet)
Radishes
Scarlet Queen Turnips
Spinach
Pac choy
Winter squash (Butternut)



Full & Partial Shares

Kale or Swiss chard

Full Shares

Arugula



Please return your box when you pick up this week's CSA share.



Brussels sprouts are a member of the *Brassicaceae* family of plants that many cold weather loving vegetables belong to, such as kale, broccoli, cauliflower, cabbage & others. I'm thrilled that the brussels sprouts have done well this year. They are VERY challenging to grow!! They take nearly 5 months to mature from the time they are transplanted in the ground and they spend a month growing in the greenhouse before they are transplanted outside.

They also do best if the last 4 weeks that they are maturing there are some good solid frosts & freezes over night combined with nice sunny warm days. This year has been perfect! I was worried

because of the very wet spring I got them planted a few weeks later than I would have liked.

Like most *brassic*s they also require an enormous amount of fertility and organic matter. The field where they are growing this year has had a cover crop of Rye & Hairy Vetch growing on it since Sept. 2014 and a good thick layer of compost was spread in early July before we transplanted all of the little seedlings. That's nearly 2 years that the ground was "in preparation" just to grow this crop and the other fall *brassic*s that you've been enjoying in your shares.

So, I hope you enjoy this wonderful fall treat!

Cheers, Farmer LIZ

Thanksgiving CSA shares



All Columbia CSA members will pick up this week's shares in Parkade Plaza (on the Business Loop, next to Mosers)

Tuesday Nov. 24th from 3-7pm.

My stall will be on the right side of the hallway, half way down the hall. I hope the extended pick up time will allow everyone enough time to pick up your Thanksgiving week CSA shares.

Jeff City CSA shares will be delivered on Wednesday at the normal time.

From my family to yours, we wish everyone a glorious Thanksgiving holiday and we hope you enjoy all the fabulous food Happy Hollow Farm has provided for you!

Did You Know?



Celeriac is a root crop related to celery. You will see that the top of the veggie looks & smells just like celery.

That's because it is! Not only can you use the top of the vegetable like celery you can also peel and use the root part of the crop just as you would use celery. Celeriac (tops & bottom) impart a stronger celery flavor than the store bought version. This vegetable is a real winter treat & I hope you enjoy it as much as I do!

Roasted Brussels Sprouts with Pancetta

Ingredients

- 1 lb Brussels sprouts, trimmed and halved (quartered if large)
- 2 oz pancetta, visible fat discarded and pancetta minced (bacon can be substituted for pancetta)
- 1 garlic clove, minced
- 1/2 tablespoon extra-virgin olive oil
- 1/4 cup water

Preparation

1. Preheat oven to 450 °F
2. Toss together Brussels sprouts, pancetta, garlic, oil, and salt & pepper

VEGGIE RECIPE OF THE WEEK



- to taste in an 11- by 7-inch baking pan and spread in 1 layer.
3. Roast in upper third of oven, stirring once halfway through roasting, until sprouts are brown on edges and tender, about 25 minutes total. Stir in water, scraping up brown bits. Serve warm.